

## August 28, 1978 Darśana at Retreat with Baba Hari Dass and Dharma Sara in British Columbia

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. U is other voices in the notes which were unattributed. Often, based on grammar and content, this is likely Babaji. Comments in square brackets are generally those of the typist. Names of individuals who are not public figures are changed to protect their privacy. There was editing for format and IAST transliteration of Sanskrit terms.

- Q: [A satsaṅga member's] back pain.  
B: Lemon halves one part and water four parts plus oil one part [missing text] steam, applied directly to the back from curved ten-foot long tube [not exact words nor all the facts]. For 7-8 days, once a day for 45 minutes.  
U: Can burn, so be careful.  
B: Mustard oil is better. Oil is rubbed on directly.  
U: A woman in Santa Cruz has this kind of pain.
- Q: Watching babies....  
B: Do they think?  
Q: Yes.  
B: Reflex action. When they start thinking, they lose their Godly power.  
Q: What age is that?  
B: When they start keeping things for themselves.  
Q: Different ages?  
B: Yes.  
Q: Is it inevitable or is it something we parents do to them?  
B: Saṁskāra are created by parents, and also they get from their past lives.
- Q: Soccer.... I used to play. Right out [a position]. I broke my knee [three years ago].  
B: Is your knee all better now?  
Q: I can't put weight on it now.  
B: Pine tar helps. Inflamed bone.

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