

7/13/76 darshan

Tension is built into way of life in America (comes with growing up here, living here).

My mother (who has not met him) would not hate Babaji, because it is not mutual (he said).

7/18.76 satsang

We create, preserve, and destroy prana. Emotions cause creation of prana. Only the Self is indestructible. We're born with prana. Its force can be increased by individuals. Earth radiates pranic energy, as does all life and dies the sun. The prana that we created attracts prana from the universe. People are born with different spans to live, but they can increase this length of time (by pranayama). Average life in first yuga was 400 years, in second was 300, in third was 200, and in kali yuga is 100.

This body dies forever. The subtle body turns into a seed of samskaras and takes rebirth.

Calming the mind is the way to make progress on subtle level (and get rid of samskaras). When Americans say it was my karma, they mean it was my samskaras.

Anything that has happened can be classified by definition, as result of person's samskaras.

(It is not that we choose our parents, but that nature sets up the situations of all of us so that it is easy to 'work out' our samskaras, or to add to them.)

When we see ourselves in mirrors (wise people) and we don't care about the complications we have created for ourselves, that is play. (Sometimes seeing that others have same afflictions as we do can have this result.)

God has a negative form too, but we don't need it so don't talk about it. Suffering:

sattvic = for attaining God, is purifying  
rajasic = for attaining prosperity tamasic =  
for attaining sensual pleasure

16,000 wives of Krishna: Krishna = mula. The wives = 16 qualities (=kalas, ways of relating to the world) of each of 1000 petals of sahasrara chakra.

Chakra "opens" = petals rise as energy moves up (in nivritti). Peace, if it continues, is what causes the energy to ride.

Chakras = lokas. (Lowest one is our entire physical universe, plane. All above it are even larger.)

Emotions can cause physical body sensations in certain places. (This is not opening of heart chakra, for instance.)

What music activates is the emotions.

Sattvic vikara = a sattvic impurity = the motion that is released in nivritti

Magnetic energy can be developed either by purity of mind or even by complete faith on evil actions, as black magicians do.

Process of projecting of physical world by subtle body within us = samsara. Object if to get out of this samsara.

The Self is the reflection of God in an individual.

If happiness is not cultivated inside, one cannot be happy evening the heavens.

Living without seeing another person for several years, one almost forgets people, but, re-exposed to them, the ability to relate to them is still there and reappears instantly, like looking in a mirror.

When we see it is difficult to cultivate happiness, then we immediately try to borrow it from others (hiding from our own inner not-having-found-it by wanting contact).

Ramakrishna: ecstatic bhakti love not tainted by intellectual knowledge.