

June 5, 1976 Darśana with Baba Hari Dass at the Calabasas Retreat

Edit notes: The following was typed from notes handwritten at the time of the darśana. Q denotes a question. B indicates what Babaji wrote on his chalkboard, as read by the reader, and then as heard and noted by someone present. R is comments likely of the chalkboard reader. U is other voices in the notes which were unattributed. There was editing for format and IAST transliteration of Sanskrit terms.

B: Attachment to love itself is devotion.

B: Desires create needs and then negative thoughts.

B: Don't break all attachment, just watch it. If you break it, you will go crazy.

Q: Effects on the subtle body of mentally going places and talking to people?

B: It can harm. The more the mind talks, the more it goes crazy. The aim of yoga is to silence the mind. Thinking that leads inward rather than outward is good.

B: Can read saṁskāra from desires, dreams, past events. Can be reliving saṁskāra acquired in this life.

U: ... as well as before.

B: We get our parents' karma, good and bad.

B: Don't dance in a bar because will pick up bar saṁskāra. Crazy dancing is from excitation of mastaka granthi.

B: Sītā stands for māyā, Kālī for śakti and/or māyā.

Q: Why do we worship the mother... māyā?

B: Because we want her to release us.

Q: Can she? Will she?

B: She did once.

B: Only after Samādhi is there anything but māyā, anything that is real.

Q: How can we know the will of God?

B: We can't. Practice surrendering and one day we'll be able to.

Q: Kīrtana mantra says...

B: Speak truth and you will hear truth.

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